



VEGAN The Great Plate AUTUMN MENU



Week 1
weeks starting
-: Sept 1st, 21st
Oct 12th, Nov
9th, 30th

Monday

PASTA WITH A CLASSIC TOMATO
SAUCE (DF CHEESE ON TOP)(G)
(V)
OR
DF PIZZA MUFFIN WITH NEW
POTATOES (G)(V)

GINGER BISCUITS (G)

Tuesday

VEGGIE SAUSAGE AND VEGETABLE
CASSEROLE WITH FLUFFY RICE (S)
OR
JACKET POTATO WITH BAKED BEANS &
OR DF CHEESE (V)

FRUIT PLATTER

Wednesday

FLAKY VEGETABLE WELLINGTON WITH
ROAST POTATOES AND VEGETABLE AND
GRAVY (G)(V) (S)
OR
DF CHEESE (V) ROLL(G) WITH
TORTILLA CHIPS & VEGETABLE STICKS

SPICED AUTUMN CAKE (G)

Thursday

MEXICAN VEGGIE ENCHILADAS WITH DF
CHEESE TOP WITH RICE (G)(V)
OR
JACKET POTATO WITH BAKED BEANS &
OR DF CHEESE (V)

DF YOGHURT, FRUIT AND GRANOLA

Friday

GOLDEN VEGAN NUGGETS &
CHIPS (G)(V)
OR
VEGGIE SAUSAGE & CHIPS (S)(V)

FRUIT PLATTER, DF YOGHURT

Week 2
weeks starting
-: Sept 7th 28th
Oct 19th Nov 16th
Dec 7th

ITALIAN STYLE PESTO AND
WHITE BEAN PASTA (G)(SD)(V)
OR
DF CHEESY BEANS ON TOAST (G)
(V)

GOLDEN OAT COOKIE

VEGGIE CAESAR WRAP WITH CRUNCHY
VEGGIE STICKS AND NEW POTATOES (S)
(SD) (G)
OR
JACKET POTATO WITH BAKED
BEANS & OR DF CHEESE (V)

FRUIT PLATTER

HOME MADE LENTIL LOAF WITH ROAST
POTATOES AND SEASONAL VEGETABLES
(G)(S)(V)
OR
DF CHEESE (V) OR HUMMUS AND
CUCUMBER ROLL (G) WITH TORTILLA
CHIPS & VEGETABLE STICKS

CHOCOLATE BROWNIE (G)

HAND STRETCHED DF CHEESE
AND TOMATO PIZZA WITH NEW
POTATOES (G)
OR
JACKET POTATO WITH DF
CHEESE(V)

FRUIT JELLY

VEGAN FISH FINGERS AND
CHIPS(G)(V)
OR
BAKED BEAN AND DF CHEESE
SLICE WITH CHIPS (G)(V)

FRUIT PLATTER, DF YOGHURT

Week 3
weeks starting
-: Sept 14th Oct
15th Nov 2nd, 23rd
Dec 14th

TOMATO AND BEAN GNOCCHI (G)
OR
DF RAINBOW VEGETABLE PASTA BAKE
(V)(G)
OR
DF PUFF PASTRY PINWHEEL WITH NEW
POTATOES (G)(V)

CHOCOLATE AND ORANGE
SHORTBREAD (G)

MILD SQUASH AND CHICKPEA
CURRY (SD)(V)
OR
JACKET POTATO WITH BEANS & OR
DF CHEESE (V)

FRUIT PLATTER

CREAMY CAULIFLOWER CRUMBLE
WITH ROAST POTATOES (V)
OR
DF CHEESE OR HUMMUS AND
CUCUMBER ROLL(G)(V) WITH
TORTILLA CHIPS & VEGETABLE STICKS

FLAPJACK (G)

HOME MADE LENTIL COTTAGE PIE
(V)
OR
JACKET POTATO WITH DF CHEESE
(V)

FRUIT CRUMBLE AND DF
YOGHURT

HOME MADE FLAKY VEGAN
SAUSAGE ROLL AND CHIPS
(G)(S)
VEGAN MEATBALL MARINARA
ROLL WITH CHIPS
(G)(S)

FRUIT PLATTER, DF YOGHURT

Allergy key - G=Contains Gluten, D= Contains Dairy, S= Contains Soya, C= Contains Celery, F= Contains Fish, M=Contains Mustard, E = Egg, SD = Sulphur dioxide





The Great Plate

AUTUMN MENU

September to December 2026

IF YOU'VE GOT ANY QUESTIONS ABOUT SPECIFIC ALLERGENS IN OUR DISHES, FEEL FREE TO ASK ANY MEMBER OF OUR KITCHEN TEAM –THEY'LL BE MORE THAN HAPPY TO HELP YOU OUT. FOR PARENTS WHOSE KIDS HAVE FOOD ALLERGIES OR SENSITIVITIES, WE KINDLY ASK YOU TO FILL OUT A FORM. THIS WAY, WE'LL HAVE ALL THE INFO WE NEED TO MAKE SURE YOUR CHILD'S NEEDS ARE MET. WHILE WE MAINTAIN VERY HIGH STANDARDS OF HYGIENE IN OUR KITCHENS, IT'S IMPORTANT TO KNOW WE MIGHT NOT ALWAYS BE ABLE TO COMPLETELY ELIMINATE THE RISK OF CROSS-CONTAMINATION DUE TO HOW WE COOK. YOUR UNDERSTANDING ON THIS IS GREATLY APPRECIATED!

A NOTE ON OUR MENU SYMBOLS

DF = MADE WITHOUT DAIRY INGREDIENTS

GF = MADE WITHOUT GLUTEN-CONTAINING INGREDIENTS

THESE DISHES ARE PREPARED WITH CARE, BUT OUR KITCHENS HANDLE BOTH DAIRY AND GLUTEN DAILY. WE FOLLOW STRICT PROTOCOLS TO MINIMISE CROSS-CONTAMINATION RISK; HOWEVER, WE CANNOT GUARANTEE THESE ITEMS ARE COMPLETELY FREE FROM TRACE AMOUNTS. IF YOU HAVE A SEVERE ALLERGY OR COELIAC DISEASE, PLEASE SPEAK DIRECTLY WITH A MEMBER OF OUR TEAM BEFORE ORDERING.



Proud to
work
with...

