

the great plate

The Great Plate AUTUMN MENU

SEPTEMBER TO DECEMBER



Weeks starting

-: Sept 1st, 21st

Oct 12th, Nov 9th, 30th

Monday

BUTTERNUT SQUASH MAC & CHEESE,
(G)(V) CHEESE OFFERED (D)
OR
PASTA WITH A CLASSIC TOMATO
SAUCE (G)(V)(D) CHEESE OFFERED
(D)
OR
PIZZA MUFFIN WITH NEW POTATOES
(G)(V)(D)

GINGER BISCUITS (G)

Tuesday

LOCAL BUTCHERS SAUSAGE AND
VEGETABLE CASSEROLE WITH FLUFFY
RICE
OR
VEGGIE SAUSAGE AND VEGETABLE
CASSEROLE WITH FLUFFY RICE (S)
OR
JACKET POTATO WITH BAKED BEANS &
OR CHEESE (D)(V)

FRUIT PLATTER

Wednesday

ROAST BRITISH CHICKEN WITH ROAST
POTATOES AND VEGETABLES WITH
GRAVY
OR
FLAKY VEGETABLE WELLINGTON WITH
ROAST POTATOES AND VEGETABLE AND
GRAVY (G)(V) (S)
OR
CHEESE (D)(V) OR TUNA(F) ROLL(G)
WITH TORTILLA CHIPS & VEGETABLE
STICKS

SPICED AUTUMN CAKE (G)

Thursday

MEXICAN PORK ENCHILADAS WITH
RICE (G)(D)
OR
MEXICAN VEGGIE ENCHILADAS WITH
RICE (G) (V)(D)
OR
JACKET POTATO WITH BAKED BEANS &
OR CHEESE (D)(V)

YOGHURT (D), FRUIT AND GRANOLA

Friday

GOLDEN VEGAN NUGGETS &
CHIPS (G)(V)
OR
BAKED POLLOCK WITH SPANISH
BEANS AND POTATOES(F)(S)
OR
VEGGIE SAUSAGE & CHIPS (S)(V)

FRUIT PLATTER, YOGHURT (D)

Week 1

Weeks starting

-: Sept 7th 28th

Oct 19th Nov 16th
Dec 7th

ITALIAN STYLE PESTO AND
WHITE BEAN PASTA (G)(SD)(V)
OR
CREAMY BROCCOLI PASTA BAKE,
(G)(D)(V)
OR
CHEESY BEANS ON TOAST (G)(D)
(V)

GOLDEN OAT COOKIE

CHICKEN CAESAR WRAP WITH
CRUNCHY VEGETABLE STICKS AND
NEW POTATOES (G) (S)(SD)
OR
VEGGIE CAESAR WRAP WITH CRUNCHY
VEGGIE STICKS AND NEW POTATOES (S)
(SD) (G)
OR
JACKET POTATO WITH BAKED
BEANS & OR CHEESE (D)(V)

FRUIT PLATTER

HOMEMADE MEATLOAF WITH ROAST
POTATOES AND SEASONAL VEGETABLES
(G)
OR
HOMEMADE LENTIL LOAF WITH ROAST
POTATOES AND SEASONAL VEGETABLES
(G)(S)(V)
OR
CHEESE (D)(V)OR HUMMUS AND
CUCUMBER ROLL (G) WITH TORTILLA
CHIPS & VEGETABLE STICKS

CHOCOLATE BROWNIE (G)

HAND STRETCHED CHEESE AND
TOMATO PIZZA WITH NEW POTATOES
OR(G)(D)
HAND STRETCHED HAM AND CHEESE
PIZZA WITH NEW POTATOES(G)(D)
OR
JACKET POTATO WITH CHEESE(D)(V)OR
TUNA & MACKEREL(F) (SD)

FRUIT JELLY

CRISPY MSC BATTERED FISH AND
CHIPS (G)(F)
OR
VEGAN FISH FINGERS AND
CHIPS(G)(V)
OR
BAKED BEAN AND CHEESE SLICE
WITH CHIPS (G)(V) (D)

FRUIT PLATTER, YOGHURT (D)

Weeks starting

-: Sept 14th Oct

15th Nov 2nd, 23rd
Dec 14th

TOMATO AND BEAN GNOCCHI (G)(SD)
CHEESE OFFERED (D)
OR
RAINBOW VEGETABLE PASTA BAKE
(V)(G)(D)
OR
PUFF PASTRY PINWHEEL WITH NEW
POTATOES (G)(D)(V)

CHOCOLATE AND ORANGE
SHORTBREAD (G)

MILD CHICKEN AND SQUASH
CURRY (SD)
OR
MILD SQUASH AND CHICKPEA
CURRY (SD)(V)
OR
JACKET POTATO WITH BEANS & OR
CHEESE (D)(V)

FRUIT PLATTER

ROAST BRITISH GAMMON WITH ROAST
POTATOES
OR
CREAMY CAULIFLOWER CRUMBLE WITH
ROAST POTATOES (V)
OR
CHEESE(D)(V) OR HUMMUS AND
CUCUMBER ROLL(G)(V) WITH TORTILLA
CHIPS & VEGETABLE STICKS

FLAPJACK (G)

HOME MADE BRITISH BEEF
COTTAGE PIE
OR
HOME MADE LENTIL COTTAGE PIE
(V)
OR
JACKET POTATO WITH CHEESE (D)
(V) OR TUNA (F)

FRUIT CRUMBLE AND YOGHURT
(D)

MSC FISH FINGERS AND
CHIPS(G)(F)
OR
HOME MADE FLAKY VEGAN
SAUSAGE ROLL AND CHIPS
(G)(S)
VEGAN MEATBALL MARINARA
ROLL WITH CHIPS
(G)(S)
FRUIT PLATTER, YOGHURT(D)

Week 3

Allergy key - G=Contains Gluten, D= Contains Dairy, S= Contains Soya, C= Contains Celery, F= Contains Fish, M=Contains Mustard, E = Egg, SD = Sulphur dioxide





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AUTUMN MENU

September to December 2026

IF YOU'VE GOT ANY QUESTIONS ABOUT SPECIFIC ALLERGENS IN OUR DISHES, FEEL FREE TO ASK ANY MEMBER OF OUR KITCHEN TEAM –THEY'LL BE MORE THAN HAPPY TO HELP YOU OUT. FOR PARENTS WHOSE KIDS HAVE FOOD ALLERGIES OR SENSITIVITIES, WE KINDLY ASK YOU TO FILL OUT A FORM. THIS WAY, WE'LL HAVE ALL THE INFO WE NEED TO MAKE SURE YOUR CHILD'S NEEDS ARE MET. WHILE WE MAINTAIN VERY HIGH STANDARDS OF HYGIENE IN OUR KITCHENS, IT'S IMPORTANT TO KNOW WE MIGHT NOT ALWAYS BE ABLE TO COMPLETELY ELIMINATE THE RISK OF CROSS-CONTAMINATION DUE TO HOW WE COOK. YOUR UNDERSTANDING ON THIS IS GREATLY APPRECIATED!



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with...

